

Temptation to Use Drugs Scale

Client ID# _____

Date: ____/____/____

Assessment Point: _____

LISTED BELOW ARE A NUMBER OF SITUATIONS THAT LEAD SOME PEOPLE TO USE ILLEGAL DRUGS. WE WOULD LIKE TO KNOW HOW TEMPTED YOU MAY BE TO USE ILLEGAL DRUGS IN EACH SITUATION.

CIRCLE THE NUMBER THAT BEST DESCRIBES YOUR FEELINGS OF TEMPTATION TO USE ILLEGAL DRUGS IN EACH SITUATION DURING THE PAST WEEK ACCORDING TO THE FOLLOWING SCALE:

- 1=Not at all tempted
- 2=Not very tempted
- 3=Moderately tempted
- 4=Very tempted
- 5=Extremely tempted

Situation	Tempted to use illegal drugs					Data Entry
	Not at all	Not very	Moderately	Very	Extremely	
1) When I am in agony because of stopping or withdrawing from drug use.	1	2	3	4	5	
2) When I have a headache.	1	2	3	4	5	
3) When I am feeling depressed.	1	2	3	4	5	
4) When I am on vacation and want to relax.	1	2	3	4	5	
5) When I am concerned about someone.	1	2	3	4	5	
6) When I am worried.	1	2	3	4	5	
7) When I have the urge to use drugs to see what happens.	1	2	3	4	5	
8) When I am being offered drugs in a social situation.	1	2	3	4	5	
9) When I dream about using drugs.	1	2	3	4	5	
10) When I want to test my will power over using drugs.	1	2	3	4	5	

Situation

Tempted to use illegal drugs

	Not at all	Not very	Moderately	Very	Extremely	Data Entry
11) When I am feeling a physical need or craving for drugs.	1	2	3	4	5	
12) When I am physically tired.	1	2	3	4	5	
13) When I am experiencing some physical pain or injury.	1	2	3	4	5	
14) When I feel like blowing up because of frustration.	1	2	3	4	5	
15) When I see others using drugs at a bar or a party.	1	2	3	4	5	
16) When I sense everything is going wrong for me.	1	2	3	4	5	
17) When people I used to use drugs with encourage me to use drugs.	1	2	3	4	5	
18) When I am feeling angry inside.	1	2	3	4	5	
19) When I experience an urge or impulse to use drugs that catches me unprepared.	1	2	3	4	5	
20) When I am excited or celebrating with others.	1	2	3	4	5	